



Children's Garden

What a great summer we have had with our Children's Garden! We had a lot of fun doing activities, games and crafts. Our planting and harvest went very well, and all the children got to taste fresh veggies that they helped nourish and grow over the last 3 months! We ran our program every Tuesday starting at 10:00 am at Immanuel Anglican Church from the end of May to the end of August.



A typical morning would start at 10:00 am. We would all gather together, and then we would do a quick walk around, looking at all of the fruit and vegetables growing. The kids would get familiar with each plant, what type of vegetables and fruits they were, and how they were growing. If some plants were ready to harvest and eat, we would take time to pick them and enjoy a small snack carefully. Then we would let the children water (their favourite part!), and they would get hands-on experience transferring their water buckets to and from the garden beds. Once we were done caring for and nourishing the plants, we would often do a short lesson, a craft to go along with it and a small activity or game! On special days, we enjoyed muffins made with our homegrown zucchini!

This year we got to plant lots of vegetables. We had cucumbers, tomatoes, celery, pumpkins, potatoes, zucchini, broccoli, cabbage, beans, carrots, beets, lettuce, radishes and peas! We also had some green onions and sunflowers grow on their own from previous years. For our crafts, we made sunflower bracelets, ladybugs, spiders, coffee filter flowers, butterflies, and bunnies!

We had another successful year, and we cannot wait until next year for another summer filled with watering, harvest, games, crafts and lessons!



For more information about the Children's Garden contact: garden@immanuelanglicanregina.ca